

# Power Play Tiny Tots

## 2024 Constraint-induced Movement Therapy Camp

Baby Constraint-Induced Movement Therapy (CIMT) is an evidence-based approach for infants and toddlers with hemiplegia and other related conditions\*. It involves constraining the less affected arm with a removable cast to encourage use of the affected arm.

Research has proven that children as early as three months of age should begin CIMT.

Camp activities will target training the affected arm in play and daily routines such as feeding, dressing, and playing. Camp activities will target training the affected arm in play and daily routines such as feeding, dressing, and playing.

